

**Wrenbury Together and  
Audlem & District Community Action –  
Support in the Newhall Parish  
- April 2020 –**

**CORONAVIRUS HOME SUPPORT SERVICES**

We are providing support to local residents who may need help, are self-isolated or live alone and whose family, friends or neighbours are unable to help. For those needing support it is important that you, as well as distant family and friends, know you are getting it from people you know or trust.

Our services cover the areas of Wrenbury and its surrounding parishes and Audlem and its surrounding parishes. We are working together to cover the Newhall Parish area with the support of the Parish Council.

Our volunteers are all registered and checked and we are working closely with Cheshire East Council and Cheshire Community & Voluntary Services

**We can help you with:**

- **Prescription collections**
- **Food Shopping**
- **Post Office and posting letters**
- **A friendly telephone chat**

We want to support our local businesses and ensure their long term future within our community. We will be using local providers where we can, some of whom are offering home delivery services including hot meals.

If you don't have anyone close by to help and are in need of assistance or are a carer who needs further support at this time, then please do contact:

<p><b>Wrenbury Together</b> <b>Julie Wynne</b> <b>07802 429025/01270 780002</b> <b>Email:</b> <b>wrenburytogether@gmail.com</b> covering Wrenbury and surrounding areas including Wrenbury Stores &amp; Post Office and GP Prescriptions</p>	<p><b>Audlem &amp; District Community Action</b> <b>07984 785907</b> <b>Email:</b> <b>adca.audlem@gmail.com</b> covering Audlem and surrounding areas including Audlem Coop, Boots Chemist, Post Office, Butchers and Lord Combermere Market</p>
--	--

Thank you to all the volunteers who have already come forward to help us and our local communities– we have not needed to use them all yet – but we will be ready as and when services are required.

**Thank you and please do get in touch if we can help**

## **If you need any other support services, you can also ring the following:**

### **Cheshire East - People Helping People**

Anyone who is currently isolated or feeling vulnerable - **0300 123 5034**

### **New Cheshire NHS Mental Health Helpline - 0300 303 3972**

**Carers Support Hub** 24 hours support - **0330 022 5448**

### **Children and Young people**

- The [National Autistic Society](#) provides guidance for parents and young people.
- [Place2Be](#) is a charity dedicated to improving children's mental health and is helping parents answer questions from their children.
- [Young Minds](#) provides ten tips from their parents' helpline.
- [Carers UK](#) has guidance specifically for carers
- [Covibook](#) is an interactive resource to support children aged seven and under.

### **Adult Social Care**

[Age UK](#) has advice on how to look after yourself and loved ones including how to best support older people at this challenging time.

[Public Health England](#) and [Mencap](#) have easy read information on Covid-19 for people with learning difficulties.

[Carers UK](#) is providing Covid-19 guidance for people with caring responsibilities.

### **Open the Door - Domestic Abuse support**

Contact Cheshire Police – **101 or 999** if immediate risk of harm  
National Domestic Abuse 24 hour helpline - **0808 2000 247**

### **Cheshire Homelessness and Housing options**

Homeless/risk of homelessness contact **0300 123 5017** (option 1/2)

### **Dementia UK Support**

Mon-Fri 9-9pm/Sat&Sun 9-5pm - **0800 888 6678**

**Samaritans** - Any time day or night - **116 123**

**Nursing Homes** - Please support your local nursing homes who would welcome you sending them letters, colourful pictures, postcards and painted and varnished rocks at this time.